# 5KM Entrant Briefing PWYW Tauranga Half Marathon 2023

### Your Start Time and Area

- Your event starts at 11.00am. Please be in the start line area 10 minutes prior.
- The start line is right outside the main entrance to Fergusson Park.
- You'll need your race number on your front.
- Self-seeding applies in the start area with elite entrants up the front please.

## **Your Event Course**

- The event course is a mix of road, footpaths and walkways.
- Where there is a coned lane provided, please remain hard left inside that coned lane.
- Please treat all roads as OPEN TO TRAFFIC THROUGHOUT THE WHOLE EVENT.
- Please follow all event marshals' instructions & take care at each of the road crossings.

## **Following Your Event Course**

- It is your responsibility to know the route of your event course.
- Important intersections have been marked with GREEN arrows.
- You have one turn point on the course marked with a GREEN 'TURN HERE' sign.
- GREEN distance markers will be placed at 2km and 3km.
- The background colour of your race number is GREEN.
- Follow all GREEN signage and ignore all other coloured signage.

# CRITICAL: 'FERG'S CORNER' (see images on page 2)

- As you turn left onto Beach Road you'll see 'Ferg's Corner Ahead' signs.
- You will reach 'Ferg's Corner' (at the back entrance to Fergusson Park) twice throughout the 5km event. You are responsible for following the GREEN 5km course signage at 'Ferg's Corner' correctly each time you pass.
- 1. You arrive here @ 1.68km and will TURN RIGHT (away from the park).
- 2. You arrive here @ 4.35km and will CONTINUE <u>STRAIGHT</u> into Fergusson Park to finish.

# **Medical Assistance**

- Qualified medics will be supporting all entrants at the start/finish area at the First Aid tent.
- If you require urgent medical attention on the event course please dial 111 as soon as possible, or inform the closest event marshal, who will dial 111.
- If you require non urgent assistance please inform the nearest event marshal who will connect with our roving course support for you.

#### **Aid Station Distances**

- There is NO AID STATION on your 5km event.
- Please start the event well hydrated. Water and R-Line is available in the finish area.

Enjoy your event experience and we'll see you at the finish line. Event prizegiving is at 12.15pm.



